

www.ankle-arthroscopy.co.uk

Ankle Arthroscopy

[HOME](#)[PATIENTS' SITE](#)[SURGEONS' SITE](#)[VIDEOS](#)[ABOUT SIMON MOYES](#)[CONTACT](#)[LINKS](#)

Ankle Arthroscopy Website

Simon Moyes specialises in keyhole – or arthroscopic – surgery. This site is dedicated to conditions of the ankle joint that are treated by Simon. Patients can find all the information they need about some of the more common ankle problems, while surgeons and medical professionals can find an up-to-date medical resource for those involved in or studying ankle arthroscopy.

Quick Search

Go straight to the specific page you are looking for by using the drop down below:

Patients' Site

An outline of common ankle problems, with information about how the injury / ailment feels, what surgery is likely and the projected recovery time.

[➤ Click here for the Patients' Site](#)

Surgeons' Site

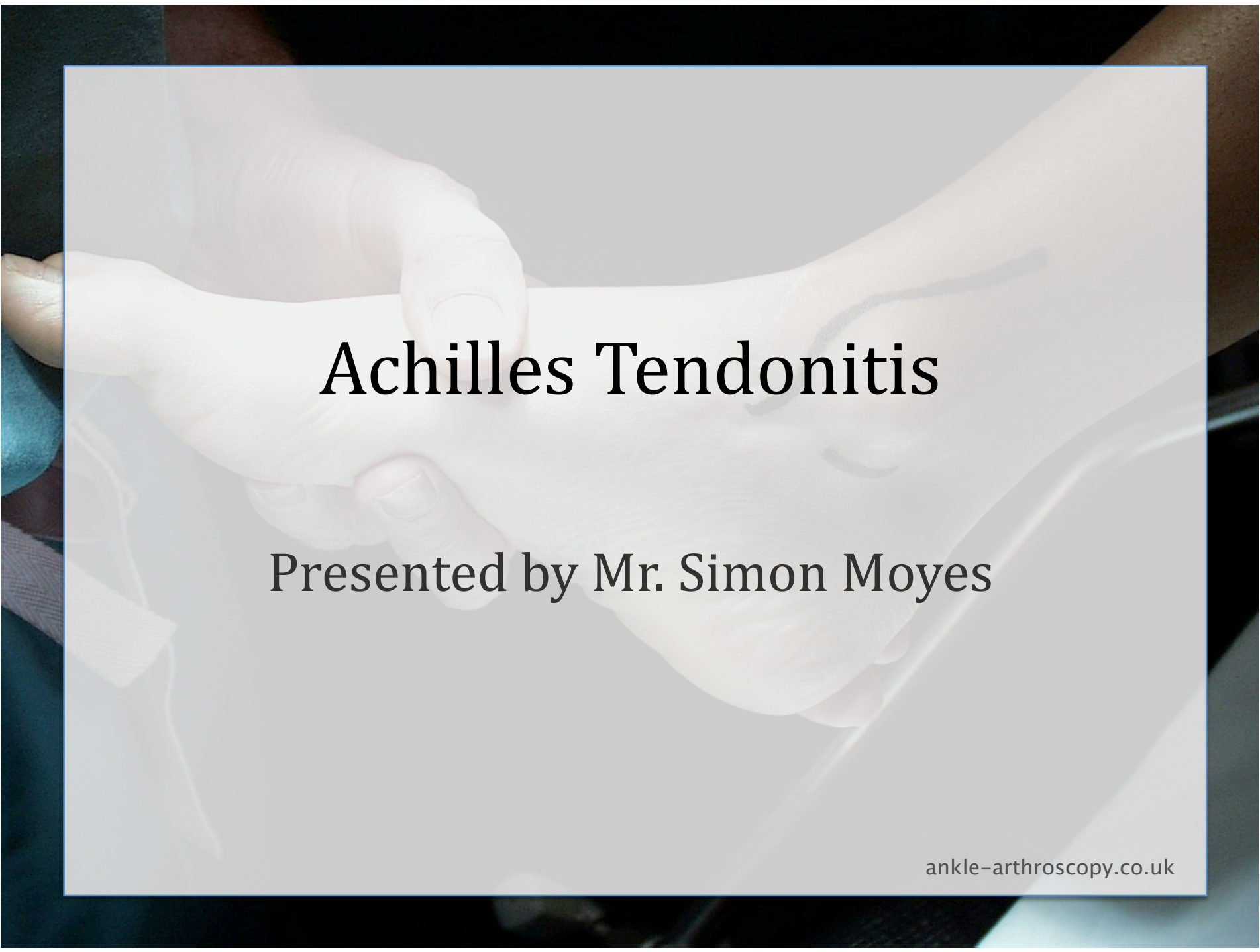
An in-depth resource about all aspects of ankle arthroscopy for medical professionals. Contains highly-referenced documentation of the procedure, citing examples from the early history to current findings.

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A close-up photograph of a person's heel and the back of their foot. A hand is palpating the area, likely checking for tenderness or swelling associated with Achilles tendonitis. The background is a blurred clinical setting.

Achilles Tendonitis

Presented by Mr. Simon Moyes

Progression of Tendo-Achilles Tendonitis

Normal



Mild

Increased signal in
Paratenon and tendon



Severe

Fusiform thickening of TA
with focal very high signal
area indicating mucoid
degeneration



Pathophysiology

- Symptoms
- Signs

Interstitial Tear of Tendo-Achilles



Tear

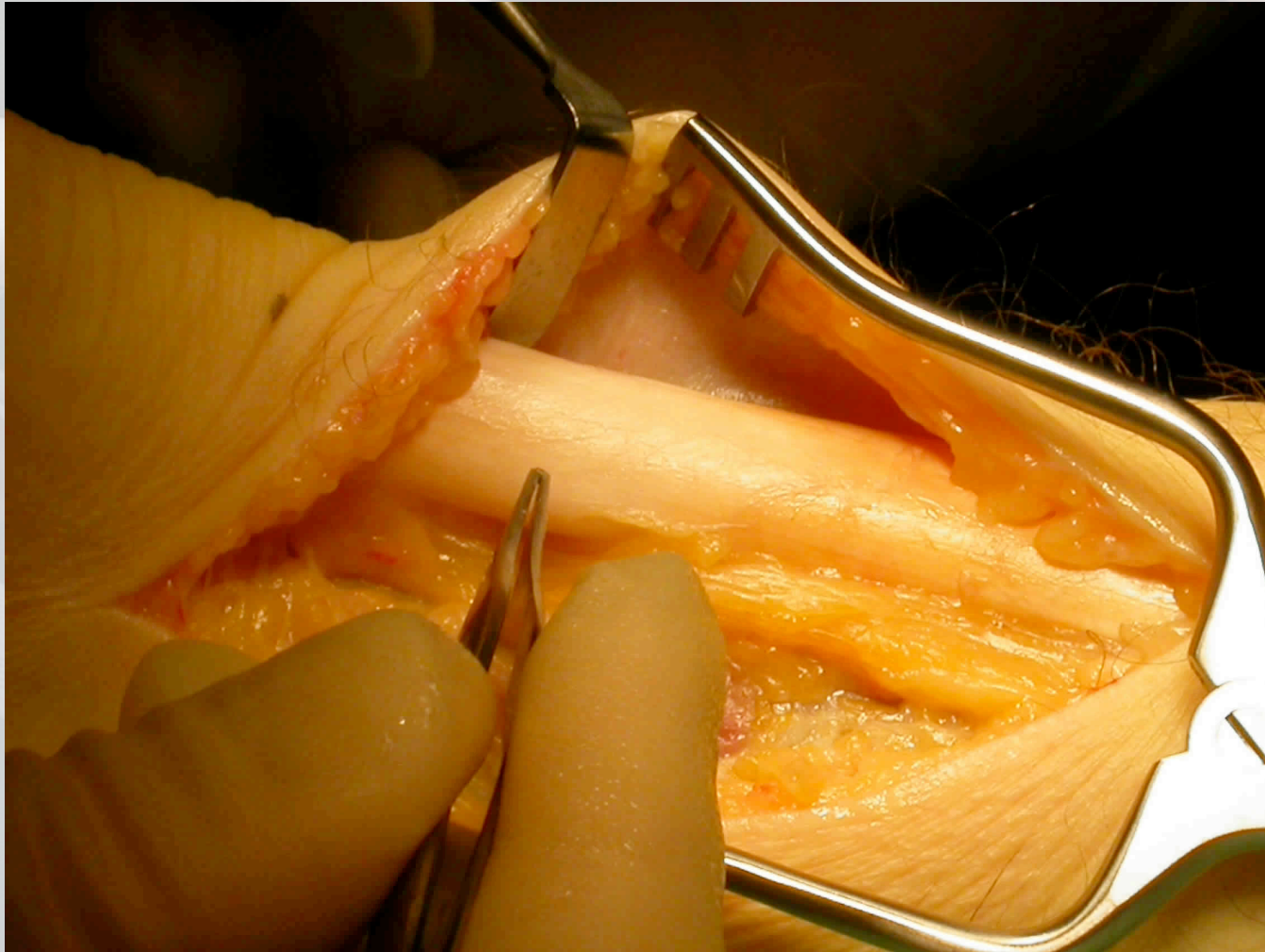
Oedema



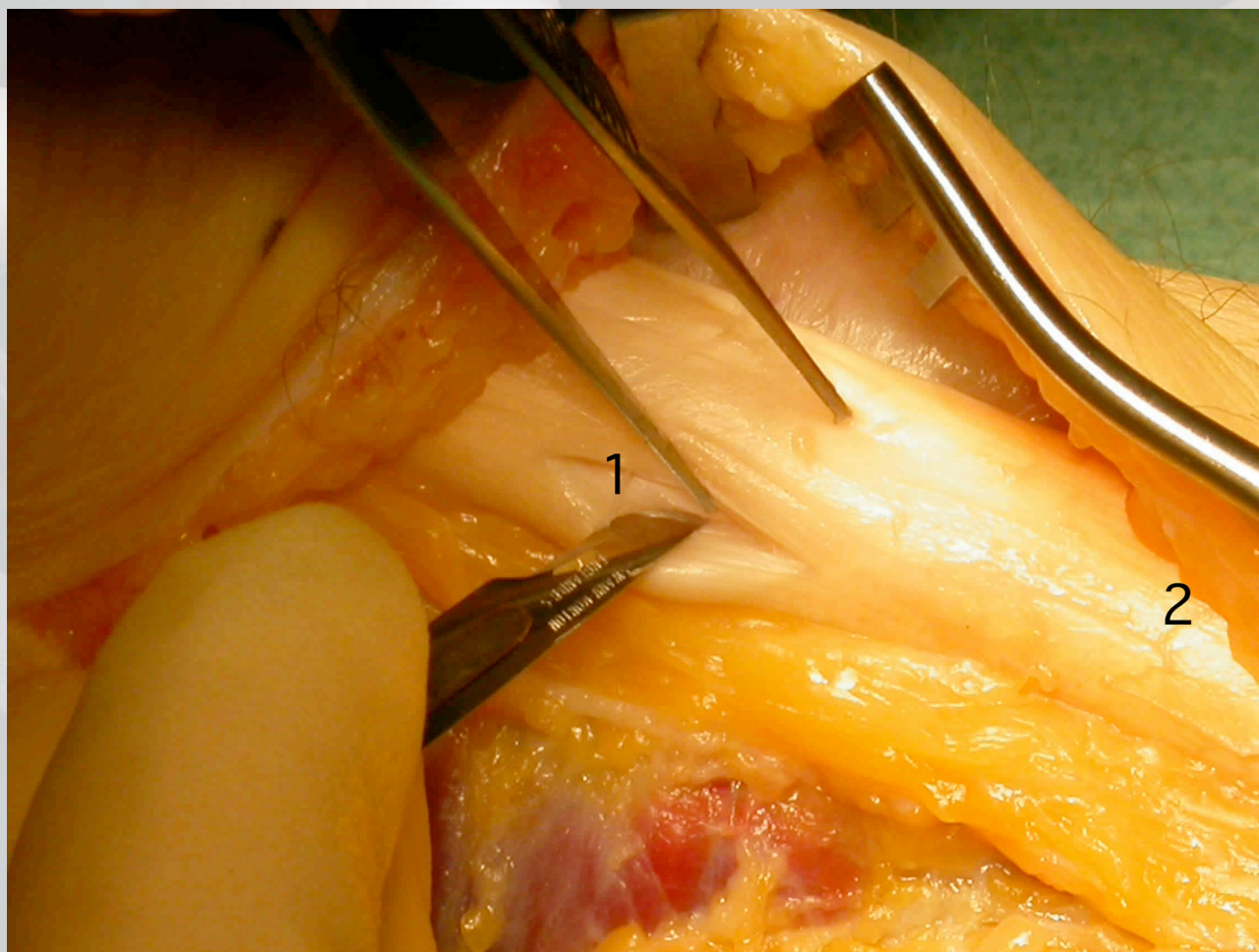
Treatment

- Conservative
- Operative
 - Open
 - Arthroscopic

Open Debridement



Open Debridement



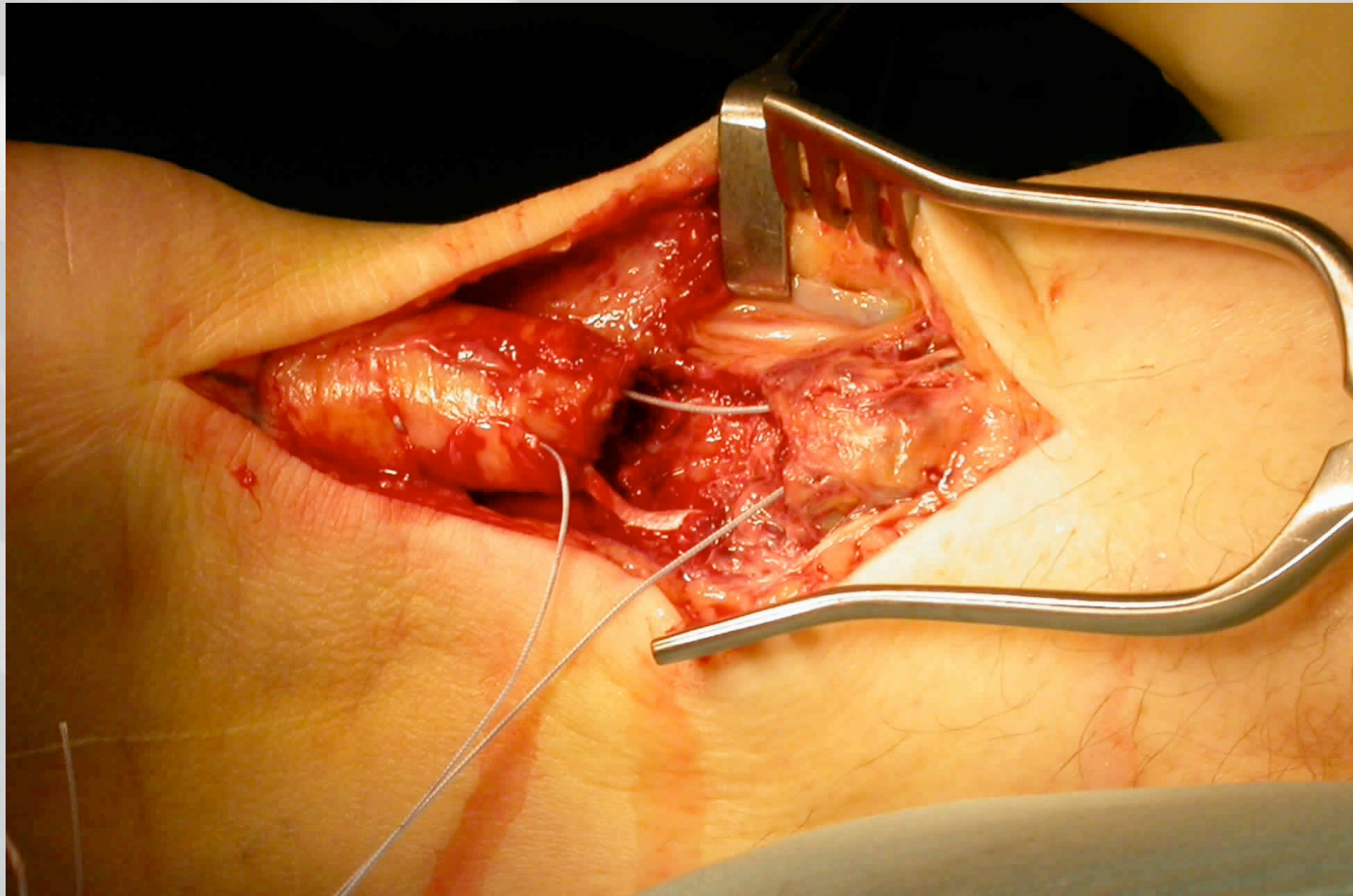
Achilles Tendon Rupture

- Symptoms
- Signs

Treatment

- Conservative
- Operative

Open Repair



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